

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E)

Measure Description

The percentage of children or adolescents 1-17 years of age who had two or more antipsychotic prescriptions and had metabolic testing. Three rates are reported:

1. The percentage of children and adolescents on antipsychotics who received blood glucose testing.
2. The percentage of children and adolescents on antipsychotics who received cholesterol testing.
3. The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing.

Product Lines: Commercial, Medicaid

Codes Included in the Current HEDIS® Measure

Codes to Identify Blood Glucose and Cholesterol Testing

Description	Code
Glucose Lab Test	CPT: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
HbA1c Lab Test	CPT: 83036, 83037
Cholesterol Lab Test	CPT: 82465, 83718, 83722, 84478
LDL C Tab Test	CPT: 80061, 83700, 83701, 83704, 83721

Medications

Antipsychotic Medications

Description	Prescription
Miscellaneous Antipsychotic Agents	Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Haloperidol, Iloperidone, Loxapine, Lurasidone, Molindone, Olanzapine, Paliperidone, Pimozide, Quetiapine, Risperidone, Ziprasidone
Phenothiazine Antipsychotics	Chlorpromazine, Fluphenazine, Perphenazine, Thioridazine, Trifluoperazine
Thioxanthenes	Thiothixene
Long-Acting Injections	Aripiprazole, Aripiprazole lauroxil, Fluphenazine decanoate, Haloperidol decanoate, Olanzapine, Paliperidone palmitate, Risperidone

Antipsychotic Combination Medications

Description	Prescription
Psychotherapeutic Combinations	Fluoxetine-olanzapine, Perphenazine-amitriptyline

Please submit a request for coverage when prescribing Psychotherapeutic Combination medications.

Prochlorperazine Medications

Description	Prescription
Phenothiazine Antipsychotics	Prochlorperazine

Ways Providers can Improve HEDIS® Performance

- Monitor children on antipsychotic medications to avoid metabolic health complications such as weight gain and diabetes.
- Educate parents/guardians about the signs of metabolic disturbances, including long-term consequences of pediatric and adolescent obesity and poor cardiometabolic outcomes in adulthood.
- Establish a baseline and continuously monitor metabolic indices to ensure appropriate management of side-effects of antipsychotic medication therapy.
- Schedule follow-up appointments and metabolic lab tests after the second anti-psychotic prescription.

Ways Health Plans can Improve HEDIS® Performance

- Explore partnering with key community and school-based organizations focused on child/adolescent health to provide education about healthy diet, nutrition, and exercise.
- Identify and educate top 10 providers with open gaps.
- Member communication about the importance of metabolic testing.
- Schedule appointments for lab testing.
- Ensure receipt of high-volume lab files/feeds
- Discuss with your member/caregiver the importance of monitoring emotional well-being and following up with their BH provider.
- Care should be coordinated between providers. Encourage communication between the behavioral health providers and PCP.

Required Exclusions

- Members who use hospice service or elect to use a hospice benefit any time during the measurement period.
- Members who die any time during the measurement year.

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